



FEBRUARY 2012  
ISSUE 264

**22<sup>ND</sup> FEBRUARY – 5<sup>TH</sup> APRIL IS**



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# Letter from the Editor

Welcome to the first magazine of this New Year. I trust you all had an enjoyable Christmas and New Year celebration. 2012 is now in full swing and I am really looking forward to what this year has to offer. The Olympics is still several months away and with it comes the Olympic events that we are organising at the church. I have also been to the first of the Communication meetings and we have a lot to discuss and we came up with some excellent ideas for ways to put our message out.

In other news Jane Page had decided to step down from her role of collating and creating the magazine diary that is found in the centre pages. I want to take this opportunity to thank her for her time and energy in doing this over the past several months. We are working on a new way to create the diary and more information will follow shortly.

There is plenty to read up on in the magazine this month and I have rearranged it a little, especially the information about the church opening times, contact names and numbers and so on. Hopefully it is a bit clearer for our community and visitors.

Enjoy and God bless,

*Giles Murphy*

Do you have something you want to say, something to advertise or talk about? I would love to hear from you; please get hold of me by:

Simply come up to me at church or,  
Leave something in the magazine pigeonhole or  
Call me or,  
E-mail: [trinitychurchmagazine@gmail.com](mailto:trinitychurchmagazine@gmail.com)

**Deadline for the March Magazine is 25<sup>th</sup> Feb**  
All dates for the diary to [trinitychurchdiary@gmail.com](mailto:trinitychurchdiary@gmail.com)



WESSEX  
SYNOD



The  
United  
Reformed  
Church

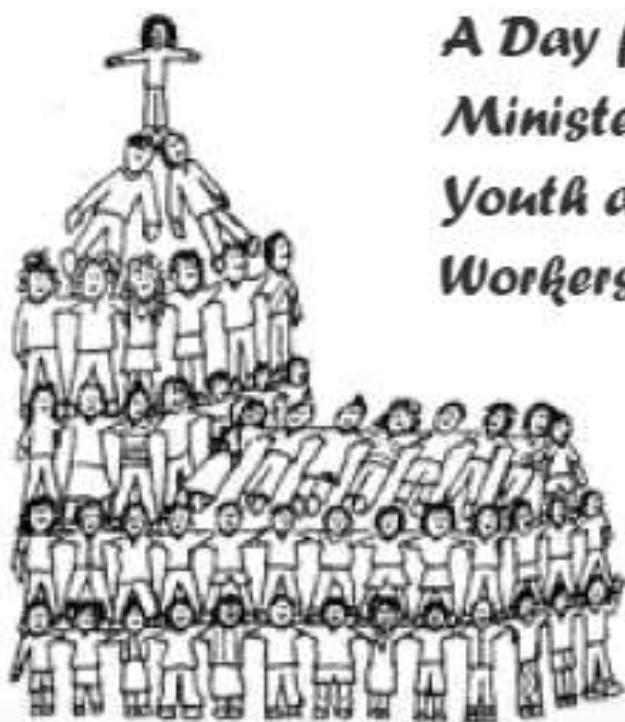
## WESSEX SYNOD DEVELOPMENT DAY

Saturday 18th February 2012

Trinity Church, Lower Earley

10am - 4pm

*(arrivals from 9:30am)*



***A Day for:***  
***Minister and Elders,***  
***Youth and Children's***  
***Workers, Volunteers,***  
***members and***  
***non-members,***  
***ANYONE***  
***interested in***  
***servicing***

*An opportunity for anyone to explore different approaches  
to 'being church' and to serving our community*

# The Church

Trinity is an ecumenical partnership between the Church of England, the United Reformed Church and the Methodist Church.

## Our Mission

The intention of our Church is to be a single community for worship, mission and social activity; to respect individual denominations and traditions; and to strengthen inter-denominational bonds.

Not to do separately  
what can be done together

Trinity Church  
Chalfont Close  
Lower Earley  
Reading  
Berkshire  
RG6 5HZ

01189 313 124  
trinityearley@btconnect.com  
www.trinityearley.co.uk



The church office is manned:

Monday	1:00pm – 4:00pm
Tuesday	9:00am – 12:00pm
Wednesday	1:00pm – 4:00pm
Thursday	9:00am – 12:00pm
Friday	8:00am – 11:00am
Saturday	9:30am – 11:00am

If you would like to arrange a thanksgiving for the birth of a child, a Baptism, a Wedding or a Funeral please contact the church office to arrange a meeting.

**Rev. Jon Salmon's day off is Friday** If you need to find out whom to contact about what at Trinity, please pick up the latest edition of "Who's Who in Trinity Church". Copies are available in the vestibule

# Church Contact



Minister	Rev. Jon Salmon
Pastoral Development Administrator	Ann Baker
Youth Worker	Margaret Evans
Magazine Editor	Suz Powell
Church Secretary / Warden	Giles Murphy
Senior Steward / Warden	John Goddard
Treasurer	Phil Hooper
Junior church Co-ordinator	Gordon Guile
Room Bookings Officer	Lisa Waite
Pastoral Care	Tony Bonnett
Publicity Officer	Jon or Ann
	Wendy Crosson-Smith

# Time of Prayer



Every Sunday there is always a Time of Prayer from 9:45am in the Chapel in the Church. Prayer Ministry is also available after the 10:00am service.

Weekly Prayers are at 9:45am Wednesdays (Communion 4<sup>th</sup> Wednesday), and Saturday 8:30 – 9:00am

Also Nursery Service every Wednesday during term time.

# Minister's letter

Jo and I visited my sister last week. She lives in a characterful little town called Bromyard, in Herefordshire. I was quite surprised (not sure why) to find on the high street, amongst numerous hairdressers, pubs and green grocers a Christian Bookshop, and in the window was a book called "Spadework: Laying Foundations With 52 Men From The Bible" written by Carl Beech, who heads up Christian Vision for Men (CVM) which is one of the leading movements for Men's ministry in the UK. It looks as though it's a great book (I bought it) and will be useful for our Men's ministry work. Using the example of men such as Adam, Moses, Joshua, Caleb, David, Isaiah, Job, Daniel, Pilate, Peter, Thomas and so on (52 of them!); Beech looks at how these men operated and dealt with real life and asks his readers how they deal with the same sort of issues.

For each guy Beech includes a sound bite on who they are, when they lived, where they lived or where they are found in the Bible, and why they are included in the book. This last one, why they are worth including, really struck me. Something about each one stands out. Most are included because we can learn from them about how to do something. For some it's because we can learn how not to do something. Let me give you a couple of examples. Noah is included for insights about radical faith and obedience. Pharaoh is included as an example of how not to lead. Ehud (a judge) knew there were times you just have to seize the initiative. Moses was a master class in true power. Caleb had a 'different spirit' and followed God wholeheartedly. Nathan: because of sheer courage. Nehemiah: because he was an amazing leader and strategist. Job: because he worshipped God no matter what. Pilate: because men need backbone. The disabled man in John 5: because it's good to know no one's a lost cause. Peter: because he's a very real encouragement to us all, and so on.

I've found pondering these sound bites that sum up the achievements, if you like, of these men, and thinking about the series on the Gifts of the Spirit with all the gifts God offers each of us to take hold of and use, quite challenging really. What sound bite would summarise me? Would I be in the Pharaoh and Pilate category or in the Peter and Nathan camp? And what is it that God is really calling me, and us/you to do and be like?

A Radio Two Pause for Thought this week was excellent (I'm sure most of them are but I rarely hear them) and is relevant here. The one I heard talked about the type of space we make. The person talked about a cycling trip from the snowy mountains of Greece to Jerusalem and how when she found it hard going uphill into a headwind another rider in the group noticed and came in front of her and invited her to ride in his slipstream. She did so and found the ride much easier. This cyclist had created space that was safe and protected which contrasted to the space she had been in created by the headwind. The presenter wanted the listeners to think about the space they create, and to recognise the type of space others make. I think it would be great to be remembered for having been a creator of safe spaces.

What seems so important, regardless of our circumstances (the circs of the men and women in Scripture were usually far from ideal) is that we each actively seek God to find out what He wants us to be doing, and contributing, and how He wants us to be (looking at the fruit of the Spirit in our lives). The apostle Paul is in Beech's book because the murderous persecutor of Christians became an evangelist who stormed the ancient world with the Gospel. No matter what his circumstances Paul did not give up. In Philippians, when he's been stuck in Gaol, for a few years,

and is facing execution, he continues to press into and seek God's purposes and call on his life, not accepting that it was time to rest. Despite his situation he was encouraging his readers not to be anxious about anything but by prayer and petition and to bring everything to God, and to do so with thanksgiving! And then he says how he's learned the secret of being content in every situation!

As we get into the swing of 2012, as we wonder whether the winter is going to have sting in the tail, as we plan holidays for later in the year and as we wonder what's round the corner; can you take some time to think and pray about what sort of space you make for others and how might someone describe why you would be included in their book of key characters in God's Kingdom! *Yikes!* This may throw up things that need to change in how we approach the business of life. If so, it's good to pray about them, and it would be great to share what you think God may be saying to you with someone else so they can encourage you, pray with you and walk with you as you have a go at working through whatever it may be. As I've spent time looking at the gifts of the Holy Spirit one of the main things that stands out for me is that we need to be doing everything and having a go at whatever we do, in an atmosphere of love where we encourage and support each other, because in such an atmosphere it's so much easier to have a go and to take a few risks.

So, there's a challenge for us all. I'm still at a fairly early stage of planning our Lent material for this year, as I write, but I hope it will give us some time and space to reflect on the Gifts of the Holy and what I've tried to say in this letter. Please be on the lookout for information about Lent which will be forthcoming very soon.

Other things to draw your attention to is the launch of the new Vision to Action Team which will happen shortly. This new team will take responsibility for taking our vision areas and putting them into action, and drawing as many of us as possible into different outward focussed activities, as well as developing our heart of worship and our platform of prayer. Please pray for this. I'm really excited about the potential with this team. The January Church Meeting agreed to this team and I will be calling an extra Church Meeting, hopefully in February, after a 10am service to seek approval for the membership of the team and to launch it formally.

Also coming up will be a new series on stewardship which will look, again, at how we can give our time, talents and money, and I'm also planning a series this year looking at the personality of Jesus which I'm really looking forward to because there is so much more we can learn and apply in our own lives by looking at Jesus' personality.

Well, I'll stop here. Here's to a stingless tail to the winter (though I'd love some snow!) and to the bountiful and generous love of Jesus Christ for each and everyone one of us. Let's encourage each other "to press on to take hold of that for which Christ Jesus took hold of me." (Philippians 3:12).

Every blessing.

Yours, in Christ,

*Jon*



# Pastoral News

## Please pray for

- The families of the people who were killed or injured during the football incident in Egypt.
- The family or everyone who was on board the Costa Concordia which sank off the coast of Italy and the boat off the coast of Papua New Guinea.
- Members of the governments in the EU who are trying to find a solution to all the financial issues we are going through at the moment.
- Everyone giving up something for lent this year.

## Prayer



There will be someone available to pray with you in the chapel after every 10m service. We also have a prayer chain, please call Anna Addis, and a prayer board.

Prayer requests by e-mail should be sent to [joanguile@hotmail.com](mailto:joanguile@hotmail.com) or [mjga\\_newport@hotmail.com](mailto:mjga_newport@hotmail.com)

## Tents for Soul Survivor

<http://www.soulsurvivor.com/uk/>

In the summer we are taking a group of young people to the Soul Survivor festival in Shepton Mallet. It's a Christian festival where thousands of young people come together to worship God and learn more about Him. We will be camping - this being the case we don't have enough tents between us. Do you have a tent that we could borrow 11th - 22nd August? We need a **large tent** that we could cook in & use as a place to eat in together if it is raining, we also need smaller tents for the young people to sleep in. We will ensure that all borrowed tents return in the same condition and they will be aired and dried before they are sent back to their owners.

If you are able to lend a tent to us please let Suz Powell know

[suz.powell@hotmail.co.uk](mailto:suz.powell@hotmail.co.uk).



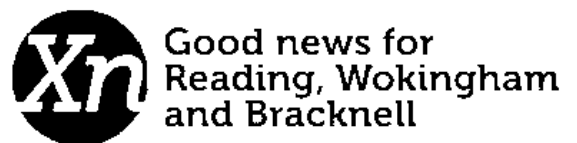
## Message from Lucy and Isabelle:

On Saturday 28th January we held a second hand book sale in the Church Hall. We would like to thank Hannah, Emily, Zsofi, Gretel, William and everyone who donated books and who helped us run the event. We had a great time and raised £72, we carried on selling the books after Church on Sunday and the total raised is now **£125**. All the proceeds are going to our Church.

We had so much fun that there will be another second hand book sale on Saturday 24th March. Please put the date in your diary.

Thanks Lucy and Isabelle.

## Have you seen the new magazine?



Xn is a new news magazine that aims to help share information from churches in the areas of Reading, Wokingham and Bracknell.

They also have a website with events, stories and testimonies from every denomination.

[www.xnmedia.co.uk](http://www.xnmedia.co.uk)

# The Festival of Decorated Christmas trees

This was second Christmas tree Festival held at Trinity Church. There were 42 trees on display for two weekends and the intervening week. The trees were decorated by many different groups, and were seen by several hundred adults and children who came to Trinity Church that week.

Everyone who came to see the trees could not help but be impressed with the display, the creativity, thought, effort, and ingenuity that went into decorating the trees.

The event raised the grand total of £2,290.00 for the “Help for Heroes” charity. This was raised from entrance donations, individual donations from participating groups, the Christmas Entertainment Evening and money raised by Radstock Primary School at their Christmas events.

The groups involved were:



Asda,  
Fairweathers  
Chalfont Club,  
Church Secretary,  
Earley St. Peters Church,  
Hawkedon Primary School,  
Hillside Primary School, McKie Tree,  
The Jam tree, Liberty of Earley House,  
Lower Earley Library, Marriage course,  
Men's Group, Monday Small Group, Karen Green,  
Music with Mummy, Nursery Service, Oxfam Book Shop,  
Pilots, Radstock Primary School, Radstock W.I., RE Inspired,  
The Earley Retreat, The Head Partnership, Thursday afternoon Group,  
Thursday Toddlers, Tippy Toes Baby Ballet, TraidCraft, Trinity Junior Church,  
Trinity Prayer Group, Trinity Toddlers Group, TV Police,  
Good Companions, Wednesday Group, Whiteknights Primary School,  
Youth Net, Chalfont District Brownies and guides, Hospice Care,  
Trinity Church

# Christmas Quiz

Thanks to everyone who took part in the Christmas Quiz, I hope that you had some fun over Christmas trying to find answers to the questions.

Four entries for the Quiz had every question answered correctly, so these entries were placed in a draw which was won by Alex Robinson. The draw took place at a staff meeting, with Jon Salmon as the draw master.

The three other correct entries were from were from the Waite family, Kay Slack, and Karen Green.

Answers below:

1. Jack and Jill went up the hill
2. Come into the garden Maud
3. Good Golly Miss Molly
4. Ruby don't take your love to town
5. Once in Royal David's City
6. Who killed Cock Robin
7. Polly put the kettle on
8. Charlie and the Chocolate Factory
9. The Diary of Ann Frank
10. The Thomas Crown Affair
11. Goodnight Irene/Gilligan's Island
12. My Cousin Rachel
13. Waltzing Matilda
14. The Life of Brian
15. When Johnny comes Marching home
16. I'm just mad/wild about Harry
17. Postman Pat and his Black and White Cat
18. Jason and the Argonauts
19. Alice in Wonderland
20. Lucy Locket lost her pocket, Kitty Fisher found
21. The William Tell Overture
22. Mary Mary quite contrary
23. Peter and the Wolf
24. Lucy in the sky with diamonds
25. Saving Private Ryan
26. Lady Madonna/Lily Marlene
27. Georgie Porgie pudding and pie
28. Alexander's Ragtime Band
29. Mary had a Little lamb
30. Anthony and Cleopatra
31. Simple Simon met a pieman going to the fair
32. The Picture/Painting of Dorian Grey
33. Carrie doesn't live here any more
34. Hey Jude

Here is a letter from Melanie Moore, who is the coordinator of Reading OCD.

To the people of Trinity Church,

For the past several years, Reading OCD Support Group has been meeting at the church on alternate Monday evenings. It has been invaluable to have a regular venue and a welcome bonus to have access to a kitchen. It's amazing how much easier it is to relax and to talk over a cup of tea or coffee. Firstly, then, thank you.

Secondly, I'd like to tell you a little bit about the group. Our aim is to offer support and information to any adult sufferer of obsessive-compulsive disorder, OCD, their families and carers. OCD is often a subject for comedy but for the people who live with it it's anything but funny.

By the time people seek help they may have suffered in silence for years or even decades, afraid that they are going crazy, frustrated and often deeply ashamed that the simplest tasks seem beyond them. They may wash their hands till they bleed because they don't feel clean. They may spend sleepless nights checking and rechecking doors, windows, taps or plugs in a desperate bid to rule out even the tiniest risk of danger to their loved ones. They may have banned visitors who could contaminate their house or no longer venture out because the world is just too dangerous.

OCD is a very isolating condition. That's where a support group comes in. For many people, a group may be the first time they've ever met another person with OCD. The relief of knowing you're not alone is immense. And then there's the good news – that OCD is eminently treatable and the group provides support by sharing stories of treatment and the road to successful management of the condition, by recommending the latest self-help resources and, sometimes, it's true, by seeing the funny side.

OCD is a great leveller. It cuts across all boundaries, culture, gender, class, even faith. In fact, religious believers have their very own version, known as scrupulosity that can distort, even destroy faith, not surprising perhaps for an illness sometimes still called "the doubting disease". Statistically, some of you reading this are likely to have OCD yourselves. Even more of you will know or know of someone who does. If so, I hope this letter brings you hope that help is available and you can get better. You are not mad and certainly not bad and our aim at Reading OCD Support Group is to offer the resources to help you embark on the road to a healthier and happier life.

Wishing you all a very happy 2012,  
Melanie Moore

Should anyone want to contact me privately my email address is:  
melanie\_j\_moore@hotmail.com

# Service Plan for February

## Sunday 5<sup>th</sup> February

8am	Holy Communion	Led by Cath Mackrell
10am	Family Worship	Led by Jon Salmon

## Sunday 12 February

10am	Holy Communion	Led by Jon Salmon & David P
6pm	Evening worship	Led by Jon Salmon

## Sunday 19<sup>th</sup> February

8am	Morning Worship	Led by Circuit Minister
10am	Family Worship	Led by Giles Murphy & Cath Mackrell

## Ash Wednesday 22<sup>nd</sup> February

8pm	Holy Communion	Led by Jon Salmon & Cath Mackrell
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Ash Wednesday is the first day of Lent when we remember the forty days that Jesus spent in the Wilderness and the temptations he faced during this time. Lent is a time of fasting and discipline in preparation for Easter.

## Sunday 26<sup>th</sup> February

10am	Family Worship	Led by Jon Salmon & Kate Robinson
6pm	Holy Communion	Led by Jon Salmon & Cath Mackrell

## Sunday 4<sup>th</sup> March

8am	Holy Communion	Led by Jon Salmon
10am	Family Worship	Led by Cath Mackrell & Jon Salmon

### **Lent Day with Tom Stuckey**

**Wednesday 28 March**, 10am – 3pm at the Trinity Centre, Ringwood.

‘When I Survey the Wondrous Cross’

To reserve a place or for more information, contact Julia Wills,  
Training Officer,

01962 621061, email: [juli-wills@ntlworld.com](mailto:juli-wills@ntlworld.com)

This study day is free to all, donations towards the cost of refreshments appreciated

# WHAT'S ON

## PARENTS & TODDLERS

**When:** Mondays 9:45am  
Thursdays 10am

**Where:** Trinity Church  
Hall

**Why:** Play, Craft, Songs & Friendship  
Just come along & join the fun



For children 5+ Every Monday from 6:15pm  
Activities, games, quizzes and (occasionally) sweets.  
Learn about religion, other countries & make friends.  
For more info = giles\_murphy@yahoo.co.uk



**Monday Small Group**  
8pm on the 2<sup>nd</sup> & 4<sup>th</sup>  
Monday of the month  
Hosted by Jon & Jo Salmon  
See Church Notice Board for up to  
date times and dates



## MUSIC WITH MUMMY & Jolly babies classes

A fun introduction to music for the under 3s in a relaxed, friendly atmosphere.  
Small structured classes designed specifically for children aged up to 3 years old.  
Tuesday mornings in Trinity Church from 10am

Heather  
heathermusicwithmummy@yahoo.co.uk  
www.musicwithmummy.co.uk

## Nursery Service Have fun & make

A short interactive service for pre-school children & carers with stories, songs & musical instruments followed by craft, play, action songs, fellowship & refreshments.  
2pm - 3pm (term time) Trinity Church: 01189 313 124

## YOUTH NET 7:15 - 8:45 (During term) in the church

For 11 - 18 year olds  
Exploring faith together through discussion, games and food  
Suzanna suz.powell@hotmail.co.uk

**Wednesday Small Group**  
10:30am on the 1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month  
Hosted by Margret Stephens.  
See Church Notice Board for up to date times and dates

MONDAY

TUESDAY

WEDNESDAY

# AT TRINITY

## PARENTS & TODDLERS

**When:** Mondays 9:45am  
Thursdays 10am

**Where:** Trinity Church  
Hall

**Why:** Play, Craft, Songs & Friendship  
Just come along & join the fun

**Thursday Small Group**  
1.30 – 3.00pm on the 1<sup>st</sup> Thursday of the month  
Hosted by Vronwyn Hutch  
and Margaret Evans.  
See Church Notice Board for up to date times and dates

## Chalfont

A weekly afternoon social club, open to everyone of all ages.  
Thursdays 2pm - 3:30pm in the Trinity Church Hall  
It costs £1 which includes a cup of tea, raffle ticket as well as a talk of general interest from a speaker.



## Tippy Toes Baby Ballet

Friday Mornings  
A fund and magical introduction to Ballet  
For ages 2½ to 3½ years  
Teaching your child the basic movement of Dance.  
Sarah Jane O'Neill

[Sarahjamie2005@hotmail.com](mailto:Sarahjamie2005@hotmail.com)

# SOS

Something  
On  
Sundays

At 7.15pm - 8:45pm  
In the Chapel  
On the 1st & 3<sup>rd</sup> Sunday.  
For year 9s and above (13 yrs +)  
Joanna & Sarah

THURSDAY

FRIDAY

SUNDAY

Pizza Making Wii Games  
Christmas Crafts  
Friends  
Games Night  
Film Night  
Mini Olympics  
Party Food  
7:15-8:45  
Cinema

# Something On Sunday

Any Questions? Contact:

Sarah Brayshaw ([sarahdaveb@gmail.com](mailto:sarahdaveb@gmail.com)) Or

Suz Powell ([suz.powell@hotmail.co.uk](mailto:suz.powell@hotmail.co.uk))



Music with mummy & Jolly babies classes  
A lively approach to music for the under 3's. We sing, dance, learn & play. It's lots of fun!

Jolly Babies                      10am Tuesday at Trinity  
Music with Mummy 10:45 & 11:30 Tuesday at Trinity  
Weds mornings at Arborfield Village Hall  
Thursday mornings at Baptist church

For further information contact  
Heather Neale  
[heathermusicwithmummy@yahoo.co.uk](mailto:heathermusicwithmummy@yahoo.co.uk)  
[www.musicwithmummy.co.uk](http://www.musicwithmummy.co.uk)

# Chalfont

## AFTERNOON SOCIAL GROUP

### For Everyone

Trinity Church Hall  
Thursdays 2.00 - 3.30  
(Term-time only)  
£1

\* a cup of tea

\* a raffle ticket

\* a talk from a speaker

## Everyone Welcome!

Feb 2 <sup>nd</sup>	Spencers Wood Songsters Popular music for you	Jean Terry + 9
Feb 9 <sup>th</sup>	The work of Mission Aviation Flying where there are no roads	John Ledger
Feb 16 <sup>th</sup>	Social - Bring and Buy	The Committee
Feb 23 <sup>rd</sup>	How to keep active and safe by a Prevention Occupational Therapist	Karen Arding
March 1 <sup>st</sup>	The life and travels of the wife of a bridge engineer	Julia Freeman
March 8 <sup>th</sup>	Cookam hand-bell ringers Sweet Melodies	Jean Turner & Friends
March 15 <sup>th</sup>	Medieval Reading Especially the monastery	Bob Boorman
March 22 <sup>nd</sup>	Chocolates for Easter Talk, samples and opportunity to buy	Bob Whelpton
March 29 <sup>th</sup>	Eater Praise - AGM	Jon Salmon & Graham Iles

## Church Council & Church Meetings

20 <sup>th</sup> February	Church Council
19 <sup>th</sup> March	Annual General Meeting
23 <sup>rd</sup> April	Church Council
14 <sup>th</sup> May	Church Council
18 <sup>th</sup> June	Church Meeting
9 <sup>th</sup> July	Church Council

# TRINITY WALKS 2012

All walks are morning walks of around 4 miles with an optional pub lunch.

Meet at Trinity Church at 10.00am.

Further information from the walk leaders listed below.



Sat Jan 28 <sup>th</sup>	Robert Curnow
Sat Feb 25 <sup>th</sup>	Pam & John Medcraft
Sat Mar 31 <sup>st</sup>	Joy & Phil Hooper
Sat Apr 28 <sup>th</sup>	Joan & Gordon Guile
Sat May 26 <sup>th</sup>	John & Margaret Goddard
Sat Jun 30 <sup>th</sup>	Pam & John Medcraft
Sat Jul 28 <sup>th</sup>	Pat & Ken Swift
Sat Aug 25 <sup>th</sup>	Jenny & Malcolm Iosson
Sat Sept 29 <sup>th</sup>	Kate & Alex Robinson
Sat Oct 27 <sup>th</sup>	Sue & Ian Brickell
Sat Nov 24 <sup>th</sup>	Kath & Mick Bedborough
Sat Dec 29 <sup>th</sup>	Jill & Dave Ramsden



# TRINITY RECIPES

## FOR THE MICROWAVE

The latest of Sandy Catchick's microwave recipes:

### **Chocolate Peanut Delights**

**[This is a bit like millionaires shortbread but with a peanut biscuit base]**

#### **Ingredients:**

6 digestive biscuits  
150g (5 oz) milk chocolate  
3 tablespoons peanut butter  
1 tablespoon golden syrup

#### **Method:**

Crush biscuits finely in a bag using a rolling pin and empty into a bowl. Melt one third of the chocolate with the peanut butter and syrup in the microwave on a low heat setting so it doesn't burn. Add this mixture to the crushed biscuit and mix well until it holds its shape when pressed. Press mixture into a small baking tray and leave in the fridge overnight to set. Melt the remaining chocolate, pour over the peanut base and spread, then return to fridge to set.

# Sudoku

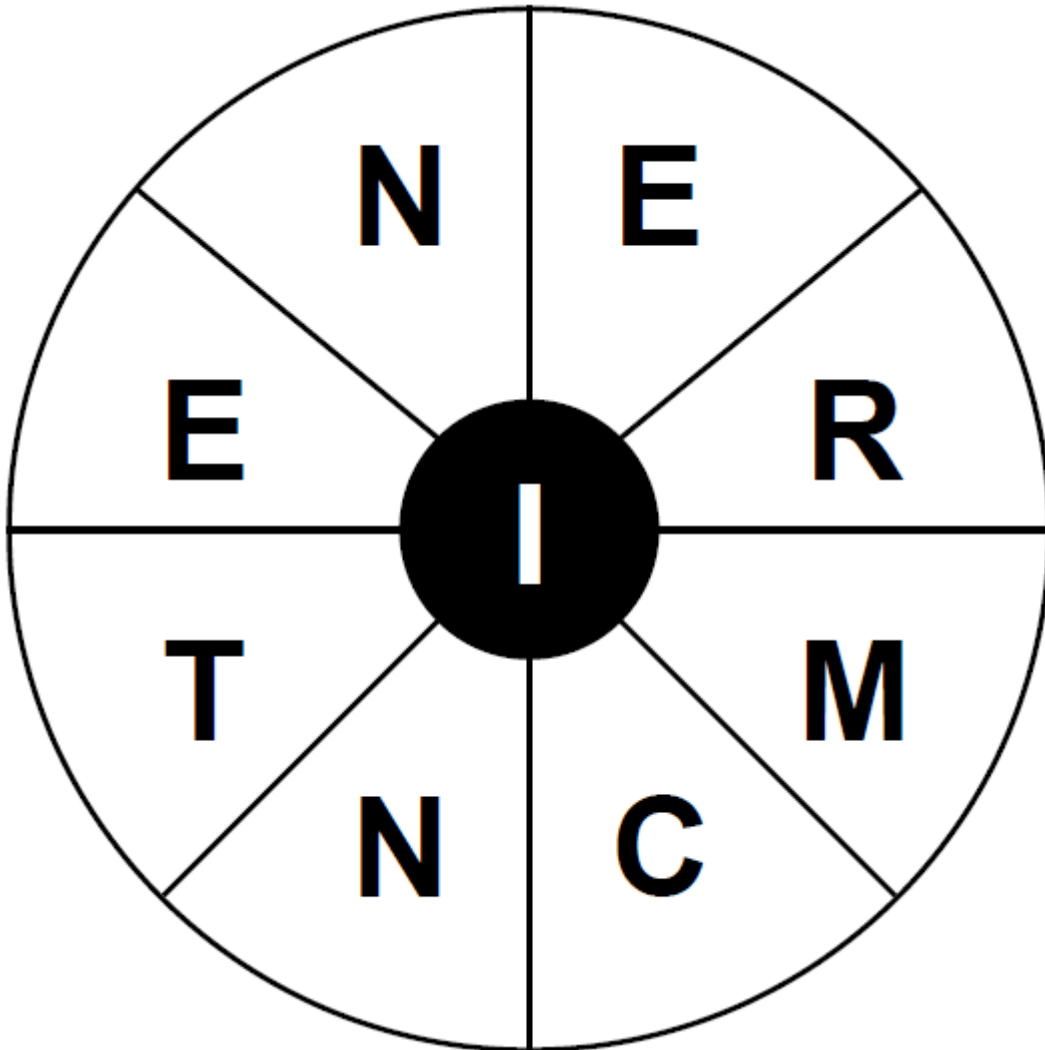
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					<b>6</b>			<b>5</b>
	<b>2</b>	<b>5</b>	<b>7</b>			<b>9</b>		

## Solutions to last Month

<b>2</b>	<b>7</b>	<b>5</b>	<b>8</b>	<b>4</b>	<b>6</b>	<b>3</b>	<b>1</b>	<b>9</b>
<b>8</b>	<b>3</b>	<b>9</b>	<b>7</b>	<b>1</b>	<b>2</b>	<b>5</b>	<b>4</b>	<b>6</b>
<b>1</b>	<b>6</b>	<b>4</b>	<b>3</b>	<b>9</b>	<b>5</b>	<b>8</b>	<b>2</b>	<b>7</b>
<b>4</b>	<b>5</b>	<b>8</b>	<b>2</b>	<b>6</b>	<b>3</b>	<b>7</b>	<b>9</b>	<b>1</b>
<b>7</b>	<b>9</b>	<b>6</b>	<b>4</b>	<b>5</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>8</b>
<b>3</b>	<b>2</b>	<b>1</b>	<b>9</b>	<b>7</b>	<b>8</b>	<b>4</b>	<b>6</b>	<b>5</b>
<b>6</b>	<b>8</b>	<b>2</b>	<b>1</b>	<b>3</b>	<b>7</b>	<b>9</b>	<b>5</b>	<b>4</b>
<b>5</b>	<b>4</b>	<b>7</b>	<b>6</b>	<b>2</b>	<b>9</b>	<b>1</b>	<b>8</b>	<b>3</b>
<b>9</b>	<b>1</b>	<b>3</b>	<b>5</b>	<b>8</b>	<b>4</b>	<b>6</b>	<b>7</b>	<b>2</b>

# Word Wheel

Try and find as many words as you can using the letters below but you must use the letter at the center of the circle and the words must have three or more letters. There is at least one nine letter word.



## Last Month's Word Wheel



Nine letter word was:  
**HILARIOUS**



## Crisis Support Reading

Outreach Support Service  
*(Aiding Women to live independently)*



**Are you over 50 and had a *crisis or difficulty*, which affected you or someone you know? If so, why not contact our Outreach Worker. She is here to help you identify and get the support you may need to help you through the *crisis or difficulty* and put you back in control.**

**Examples of the cause of your *crisis or difficulty* may be:**

- **The impact of an accident, illness, hospital admission, or family matter**
  - **A bereavement**
  - **A partner facing a problem**
  - **The loss of work**

**Our Outreach Worker Bimla can be contacted between 10am-4pm Monday to Thursday or leave a message on this number 24hrs. a day, any day of the week and.**

**Also available through office:**

Crisis Support Reading, CIRWC, Wesley Church Hall, 84Queens Road, Reading, RG1 4BW.  
bimla@cirwc.org.uk

For anyone in Secondary School

# Drop-In

**What?** A place to hang out with friends, play Pool, Wii, Table Tennis & enjoy free hot chocolate!

**Where?** Trinity Church  
Chalfont Close, Earley, RG6 5HZ

**When?** 1 – 4pm  
Monday 13<sup>th</sup> February

**For more info contact:**

Suz Powell - [redacted] / [suz.powell@hotmail.co.uk](mailto:suz.powell@hotmail.co.uk)



## SURVIVJAR

Could you fill a jar with change to help us raise money for the young people's trip to Soul Survivor?  
If the answer is 'Yes' grab a jar off Suz!